



Breda O'Brien

Career Development and Employability Skills

Secondary description example

This module helps the participant to take control of their career journey by building self-awareness, confidence, and essential employability skills. The student explores career options, develops a personal brand, and gains insights from employers to prepare for future job opportunities. The focus is on practical, real-world career planning, helping students to align strengths, interests, and values with their professional goals. By the end of the module, the student will have a clear career action plan and the skills to navigate into the world of work.

Students will gain a deeper understanding of their skills, strengths, and career motivations, practical experience in job searching, networking, and personal branding, confidence in making career decisions and handling job applications and a professional career plan tailored to personal goals. This module is all about helping the student take charge of their future and stand out in the job market!

To earn this badge the student must:

- Attend a weekly lecture over 2 semesters
- Complete an ePortfolio consisting of: A skills audit and values assessment, strengths, personality, and career interest profiles, reflections on career motivations, research on potential career paths, a professional CV, cover letter, and LinkedIn profile tailored to a specific job, a mock interview, job search strategies, a group project presentation on employability and self-awareness, a career action plan with goals for continued professional development.

Skills

Communication: Developed the skills to effectively communicate suitability for a job through a targeted CV, cover letter, a recorded interview, and LinkedIn profile. Produced a written Career Action Plan outlining career goals and next steps. Participated in a final team presentation on employability and self-awareness, delivering content clearly and articulately.

Critical Thinking: Cultivated critical thinking by linking the values of self-awareness and employability skills to one's own career planning and identifying career areas that align with one's skills, strengths, personality, interests and values.

Lifelong Learning: Managed own learning and developed awareness of learning needs based on the stage of Career Readiness. Created a Career Action Plan based on learning outcomes.

Self-Awareness: Networked with employers at workshops and events which developed commercial awareness, creative problem solving, strategic thinking, and to be able to see the bigger picture.

Teamwork: Completed a team-based final oral presentation on the learnings and reflections acquired during the course regarding self-awareness and employability. Worked closely with team members, communicating effectively, to achieve a positive presentation outcome.



Ciarán Ó hOgartaigh
President,
University of Galway

