



The Irish Health Behaviour in School-aged Children (HBSC) Study

Health Promotion Research Centre, National University of Ireland Galway, (NUIG)

Funded by the Department of Health (DoH)

25 years of HBSC Ireland



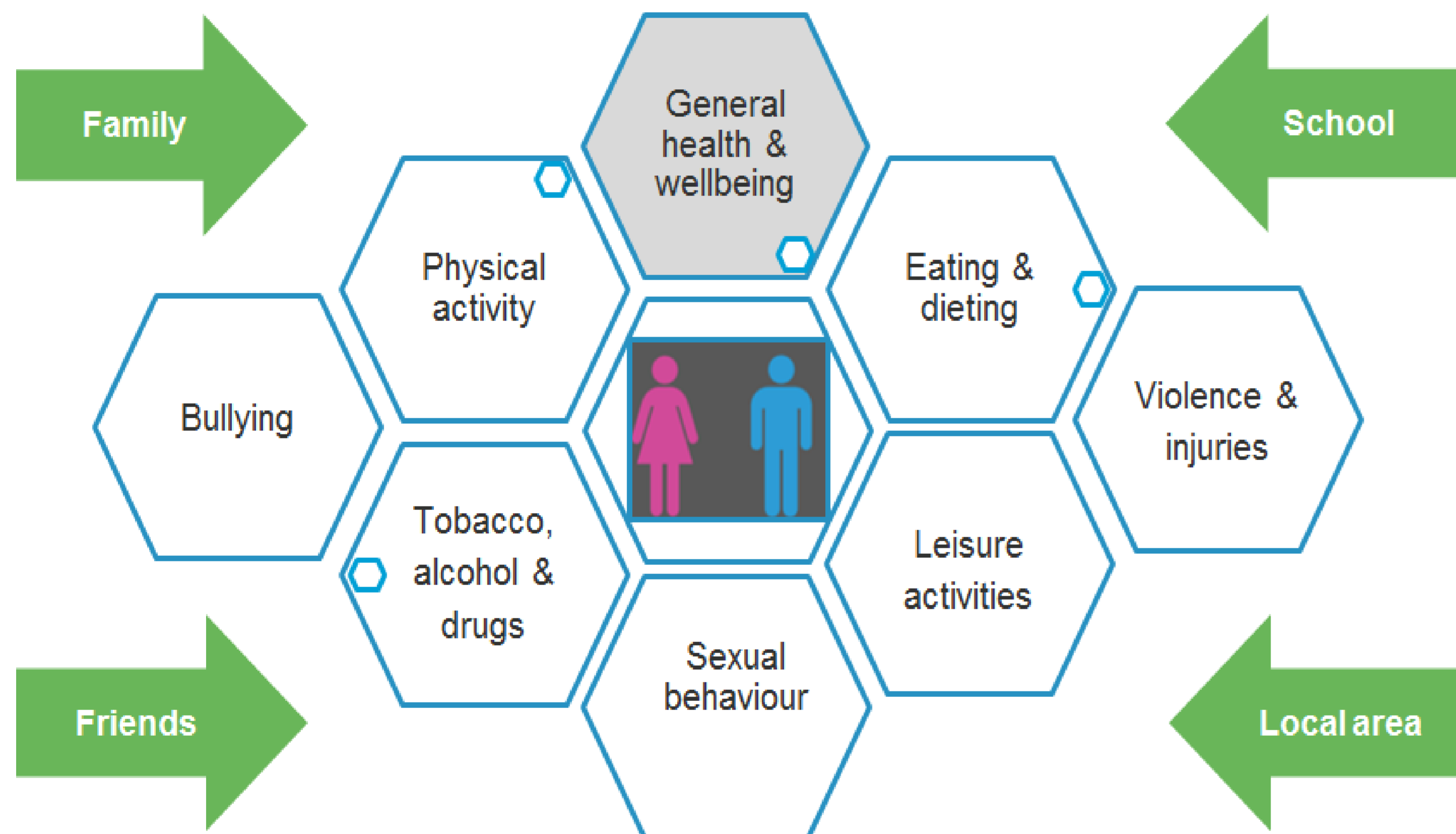
The Irish HBSC team has been based at the Health Promotion Research Centre since 1994. The first Irish survey was conducted in 1998. Six surveys have been conducted to date. Findings can be downloaded from <http://www.nuigalway.ie/hbSC> along with a range of journal articles, short reports and factsheets.

Study Aims

- ❖ Gain new insight into young people's health and well-being
- ❖ Understand the social determinants of health
- ❖ Inform policy and practice to improve young people's lives

Scope of the Data

School-going children aged 9-18 years complete questionnaires about the context in which they live their lives (within their family, peer, school, and local area), about their health, and predictors of their health.



The value of the HBSC study

"The evidence base around age, gender and socioeconomic inequalities in health and well-being must continue to develop, to inform improvements in the effectiveness of health promotion actions and policies. The unique HBSC data provide a rich resource for such work" Zsuzsanna Jakub, WHO Regional Director for Europe

Policy Impact

One of the key objectives of HBSC has been to inform policy and practice. Irish data have been used to inform many government and international health organisations.



HBSC: A World Health Organization (WHO) Collaborative Cross-national Study
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