



hbosc

HEALTH BEHAVIOUR IN
SCHOOL-AGED CHILDREN

WORLD HEALTH ORGANIZATION
COLLABORATIVE CROSS-NATIONAL STUDY

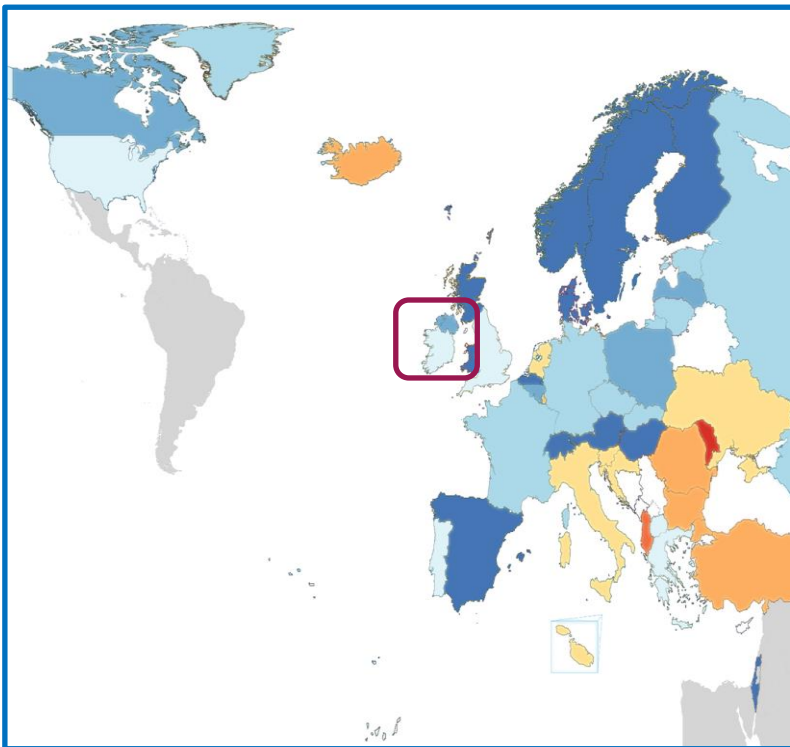


THE IRISH HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN (HBSC) SURVEY 2014

TOPLINE FINDINGS

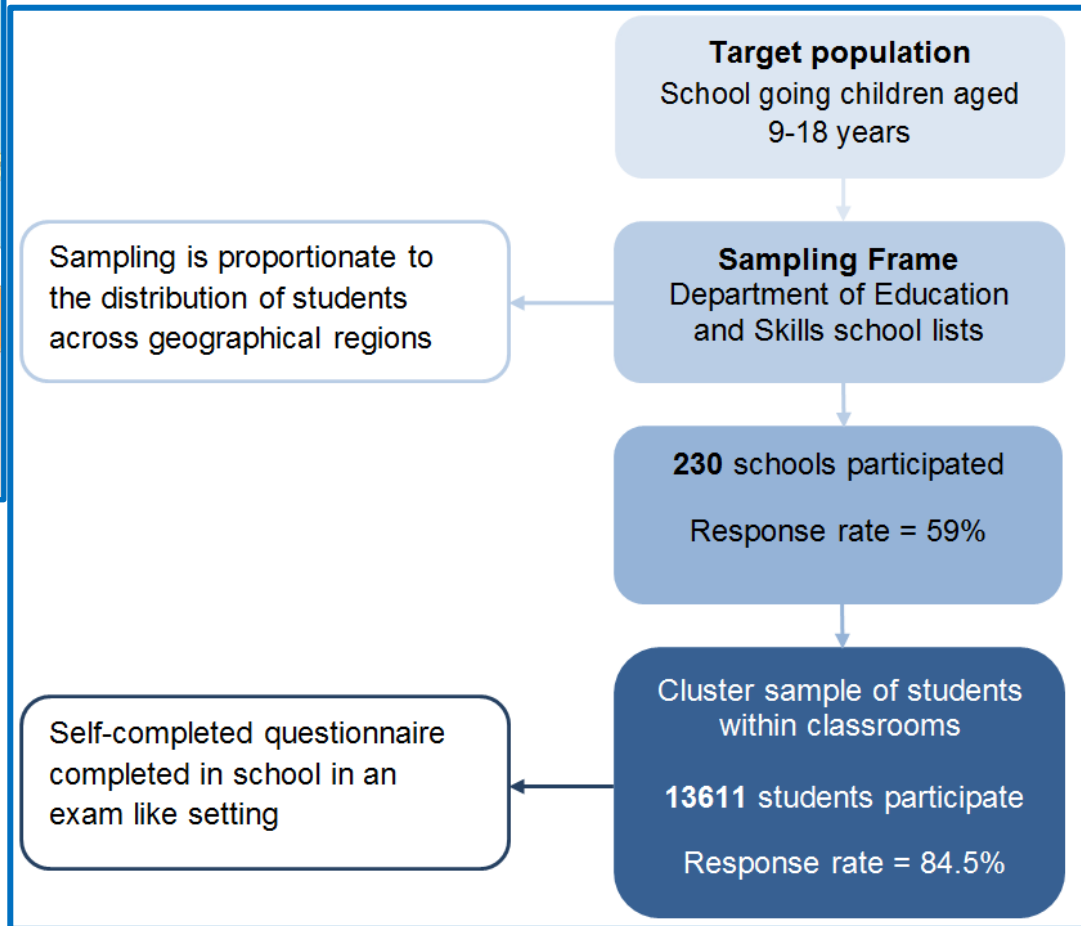
Healthy Ireland Outcomes Framework Workshop
April 2016

The HBSC survey



Irish data
1998-2014

Irish 2014 study methods



Children's lives

A large, light brown arrow pointing to the right, containing the following text:

Age
Gender
SES
Ethnicity

Contexts:

Family
School
Peers
Locality

Risk behaviours:

Drinking, smoking...

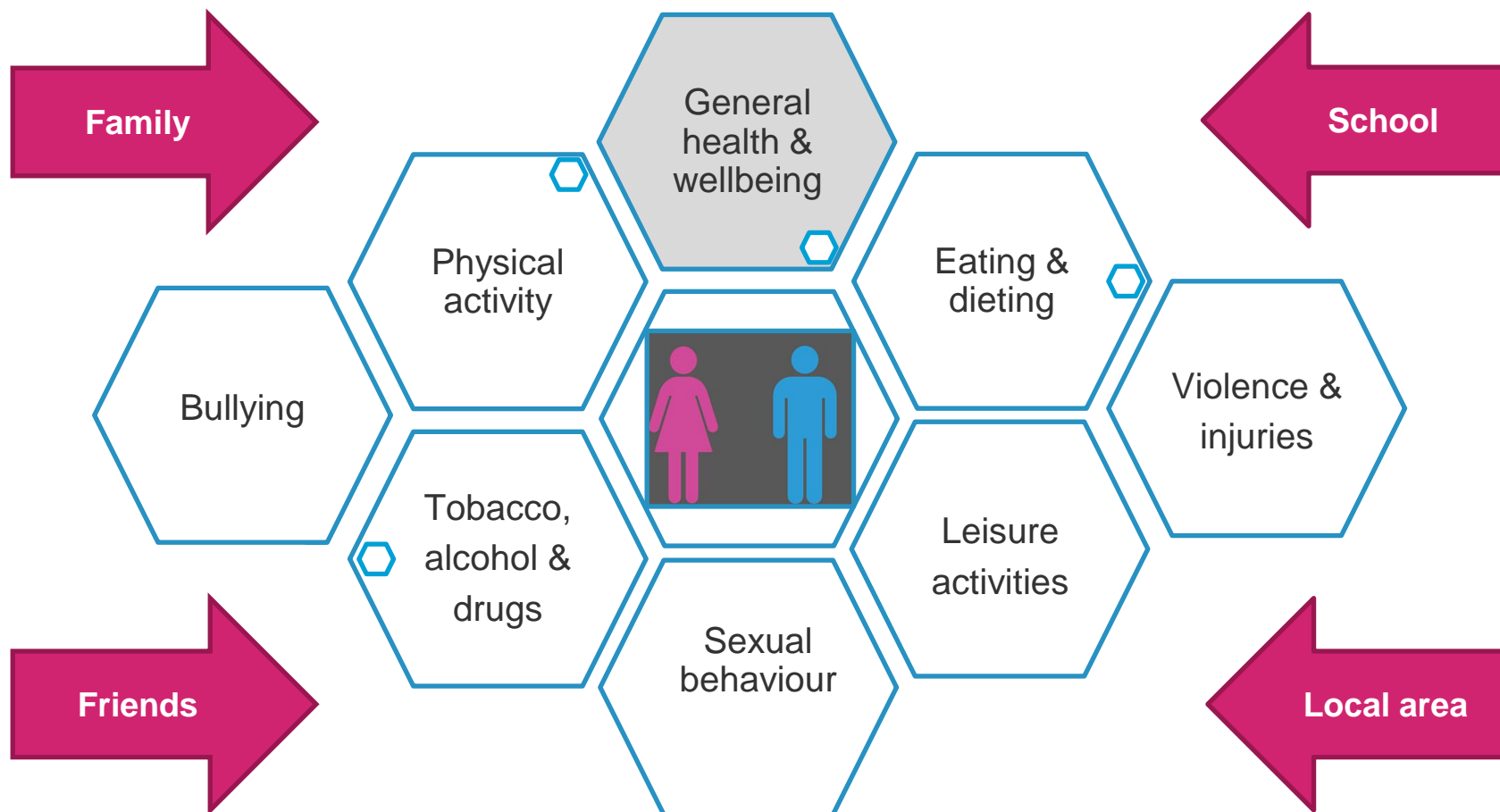
Health enhancing behaviours:

Physical activity, leisure activity...

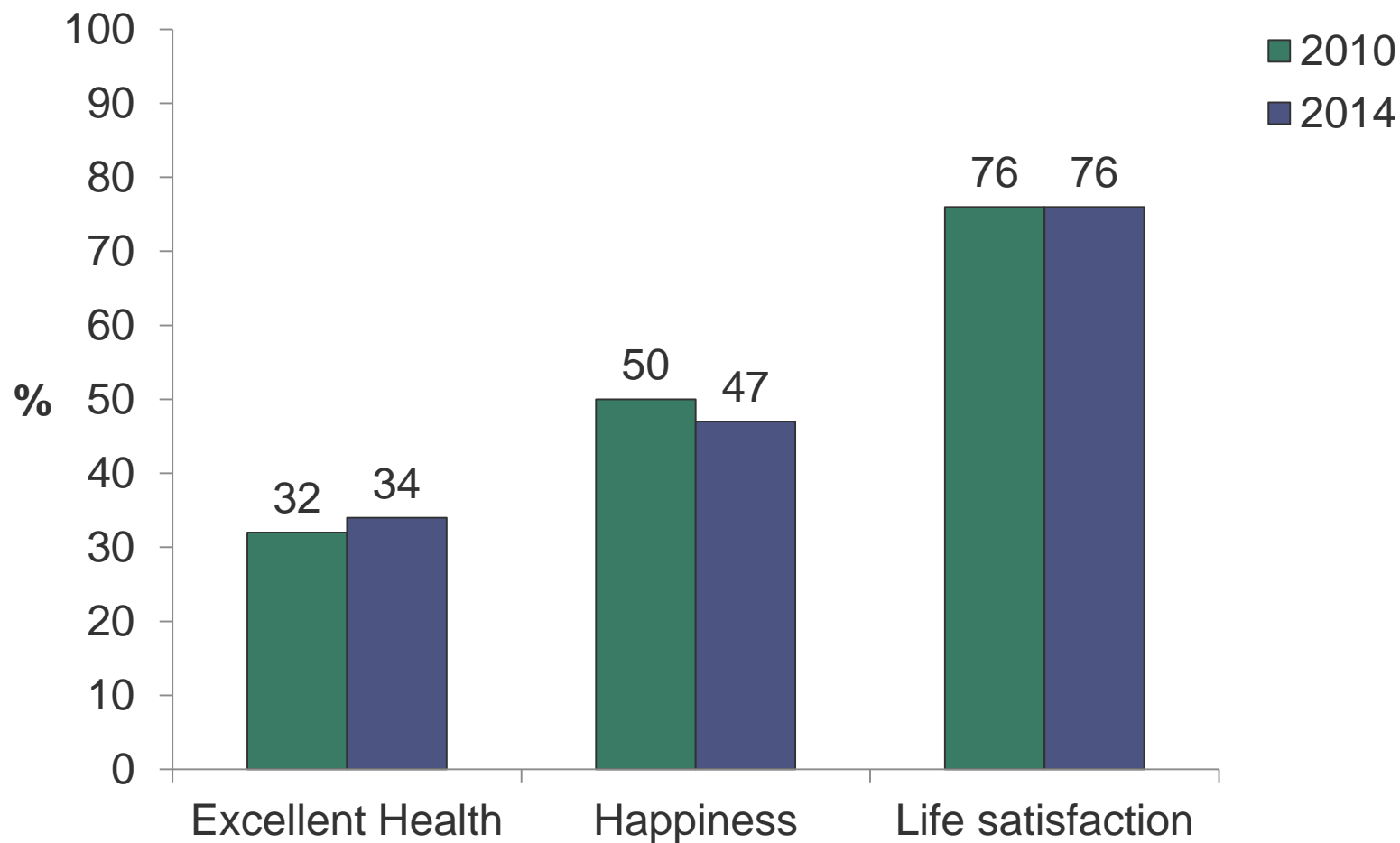
Health outcomes:

Well being
Life satisfaction
Self rated health
.....

Scope of the HBSC data



General Health and Wellbeing



Life Satisfaction



Figure 5: Percentages of boys who report high life satisfaction

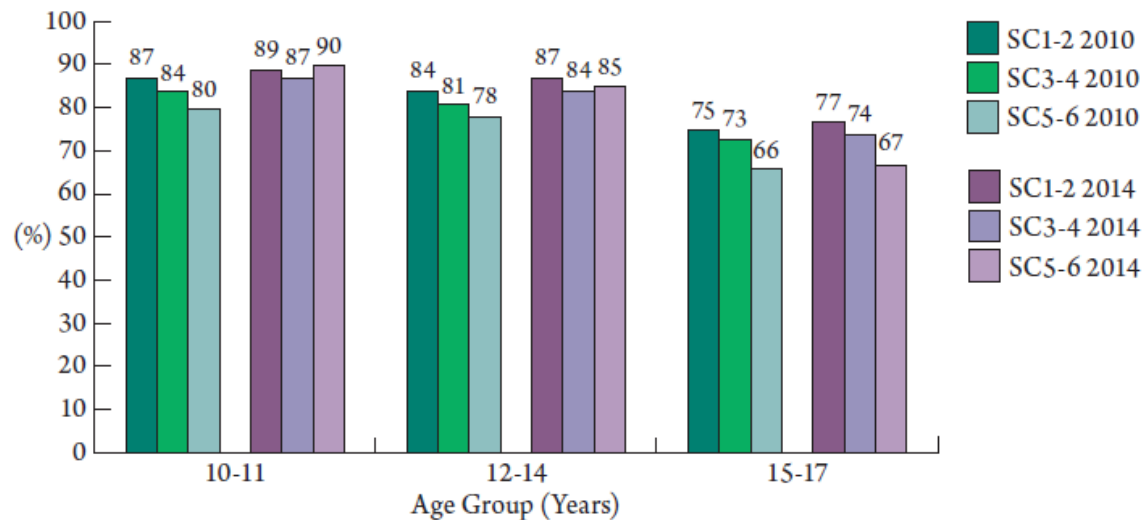
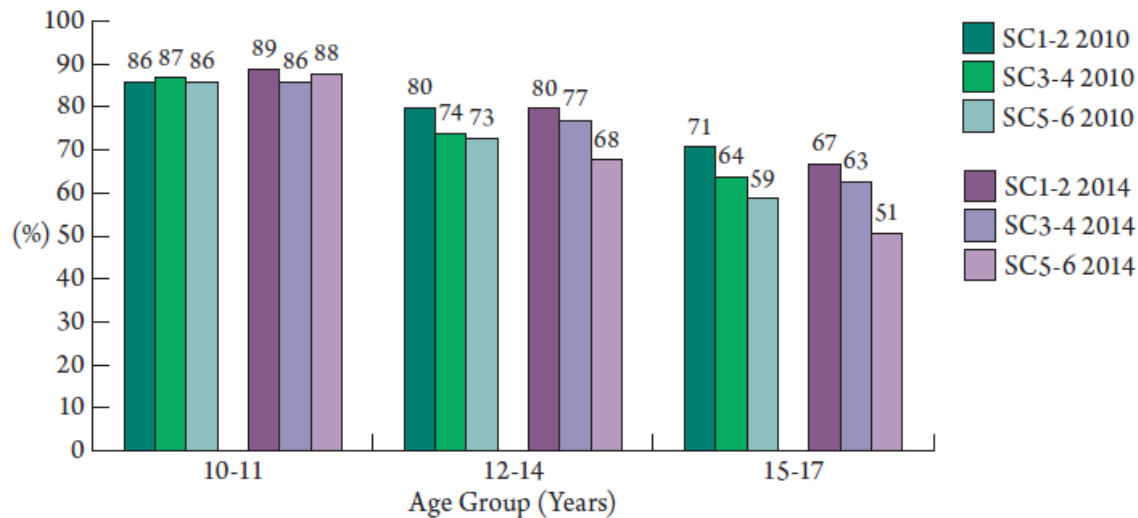
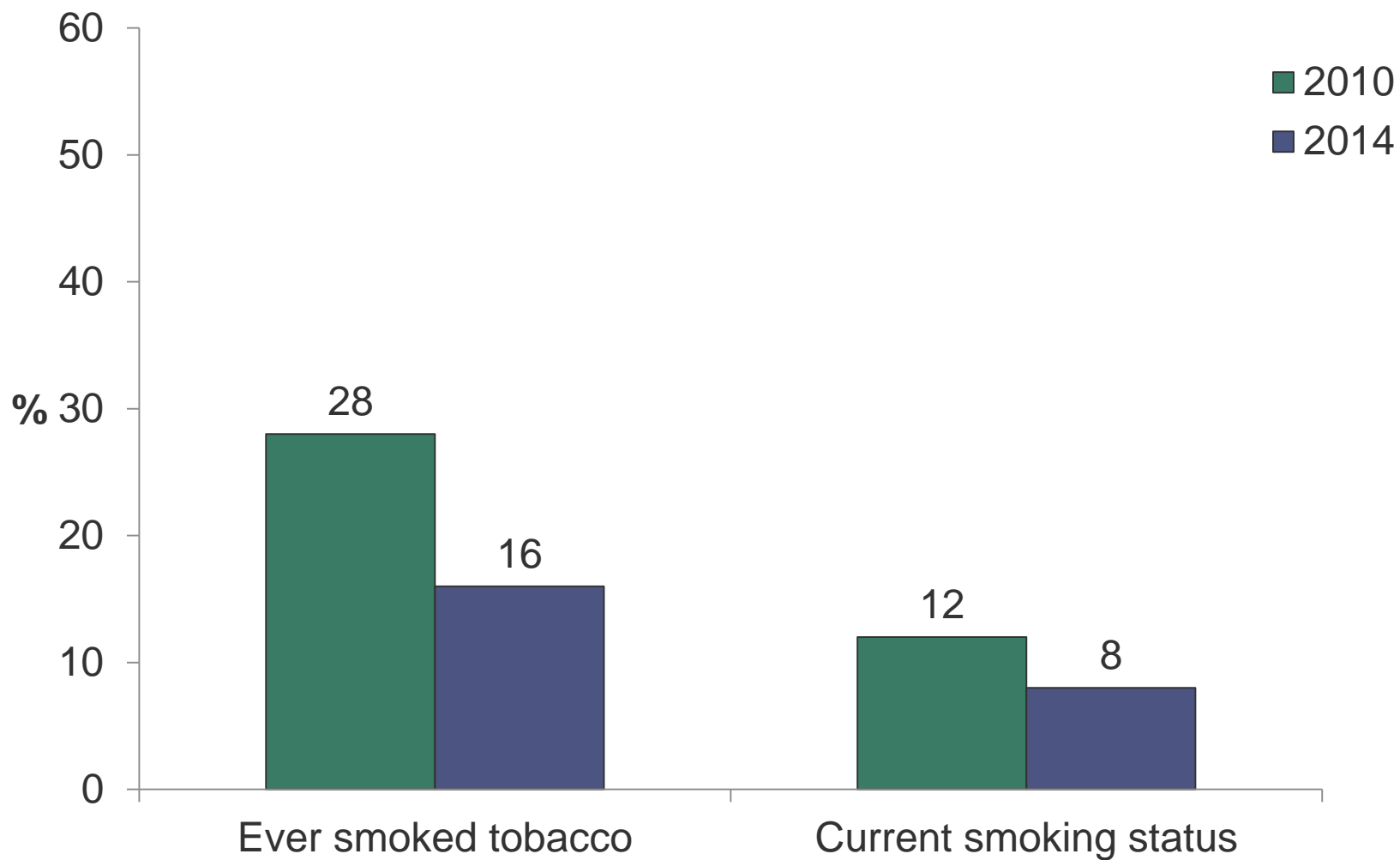


Figure 6: Percentages of girls who report high life satisfaction



Smoking – Behaviour



Ever smoked

Figure 11: Percentages of boys who report ever smoking tobacco

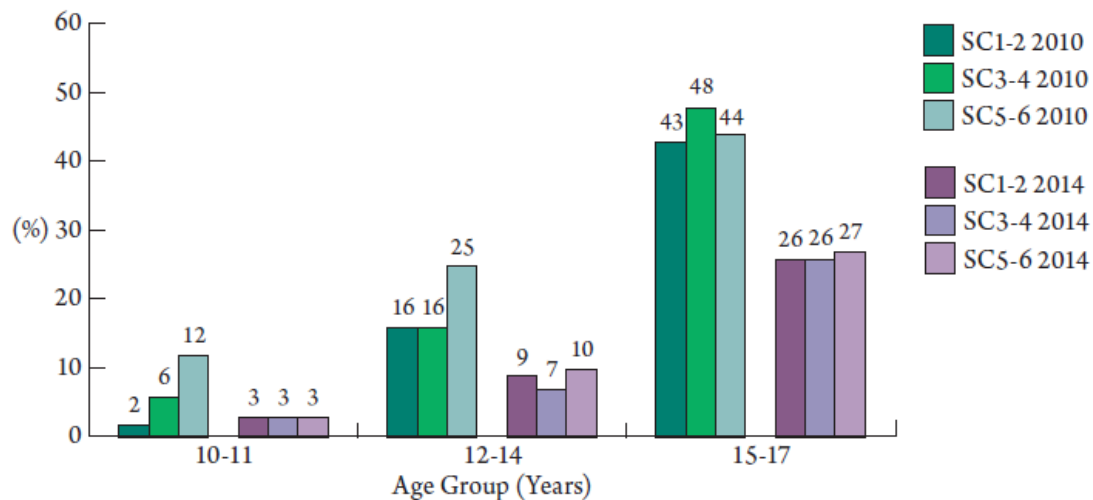
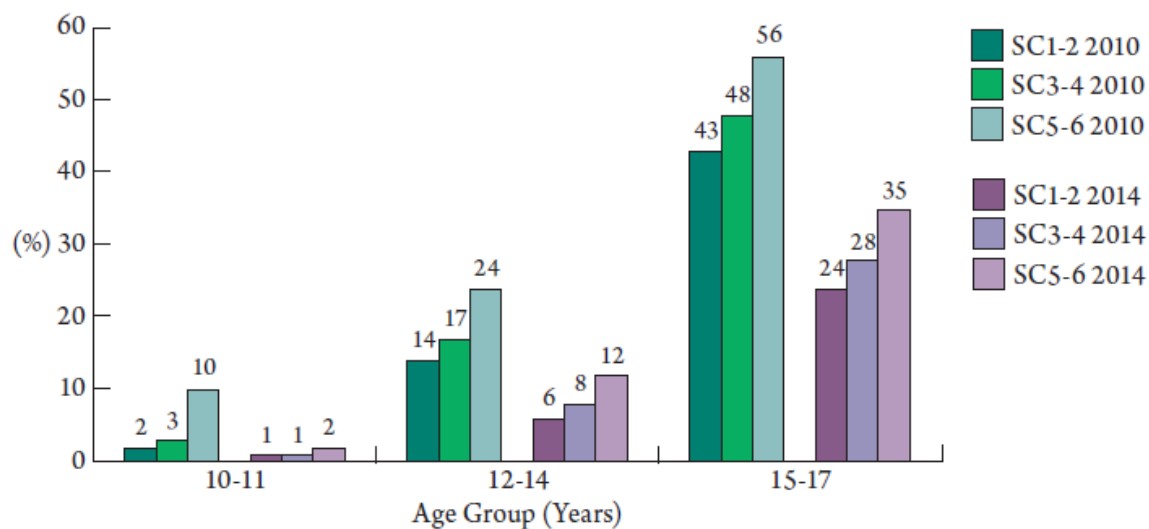
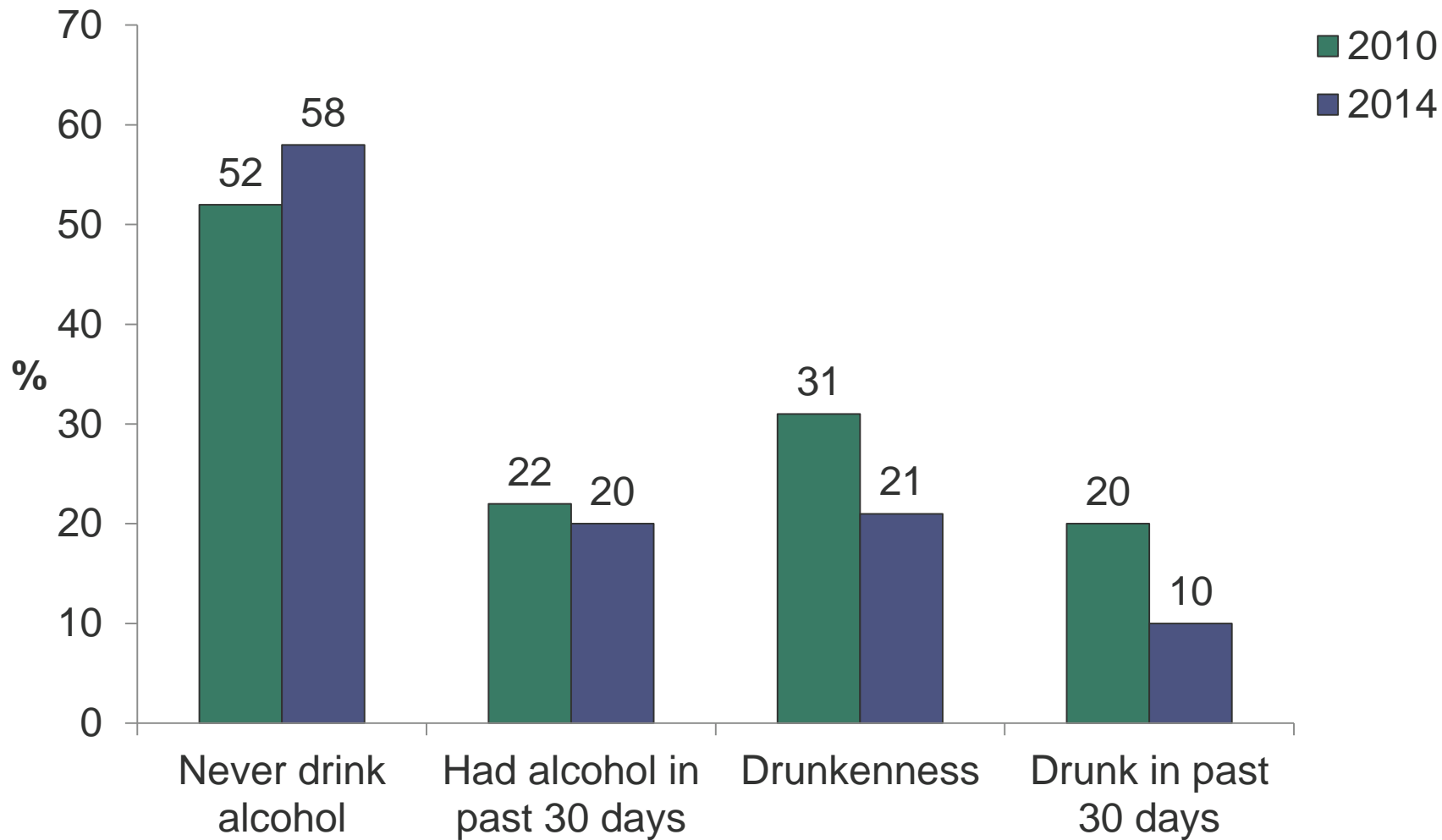


Figure 12: Percentages of girls who report ever smoking tobacco



Alcohol – Consumption and Drunkenness



Been drunk in the last 30 days

Figure 24: Percentages of boys who report having been drunk in the last 30 days

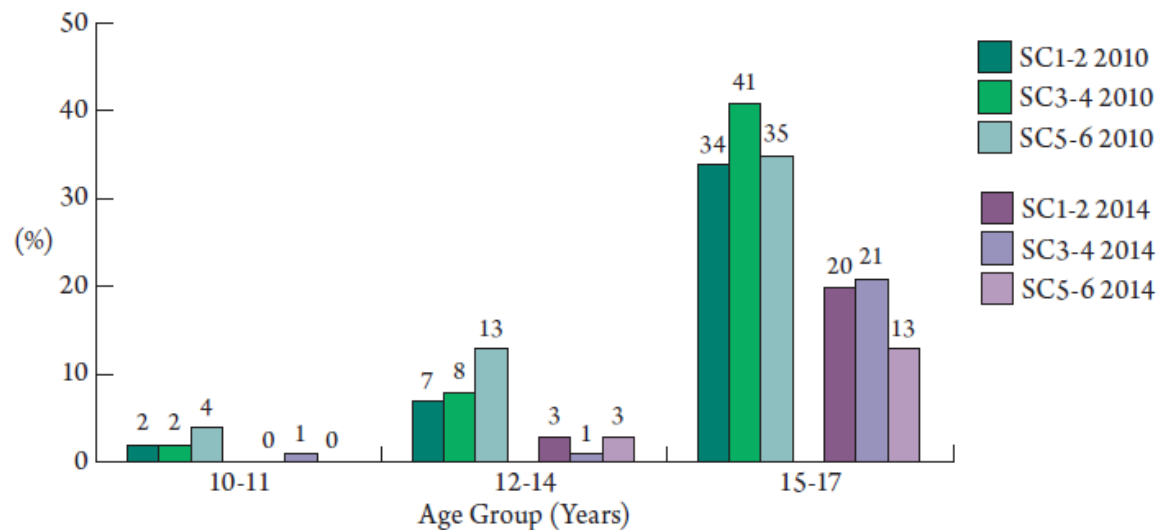
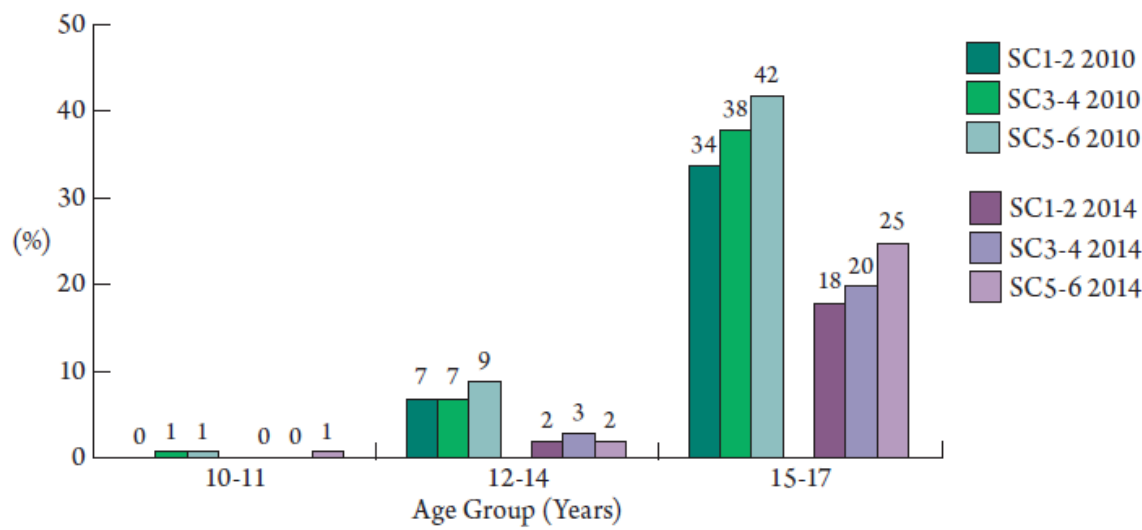
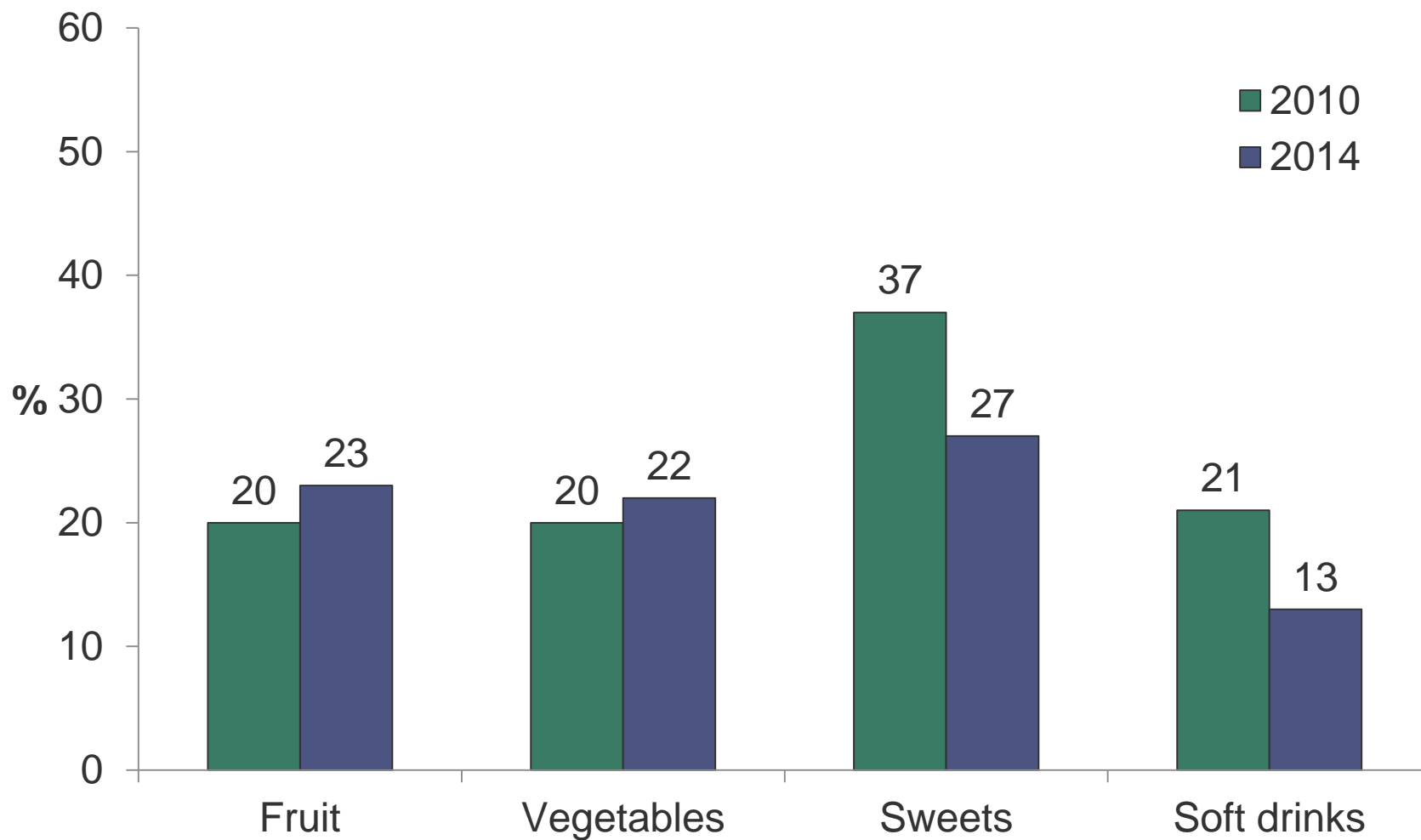


Figure 25: Percentages of girls who report having been drunk in the last 30 days



Food and Dietary Behaviours



Fruit consumption

Figure 30: Percentages of boys who report eating fruit more than once a day

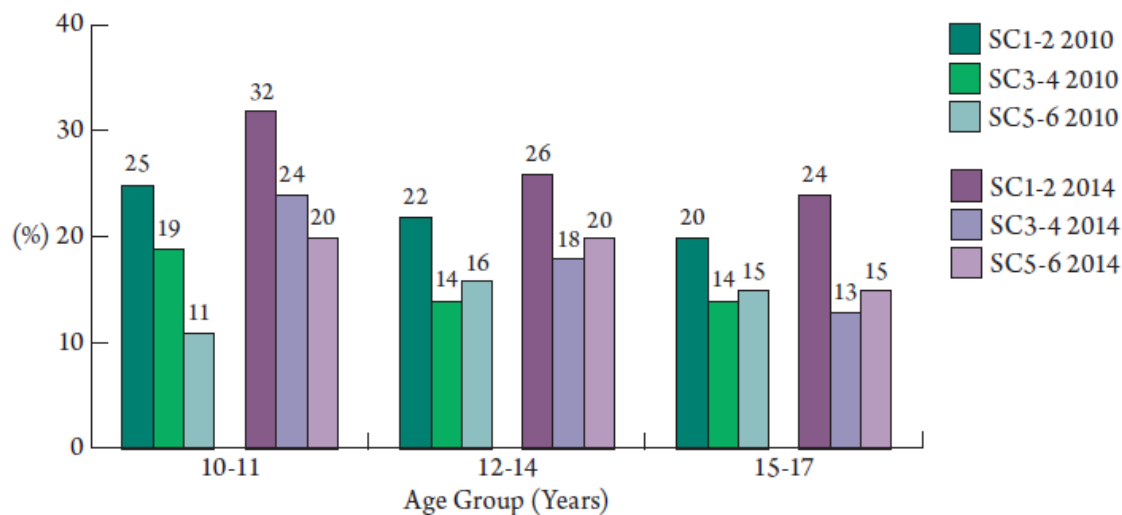
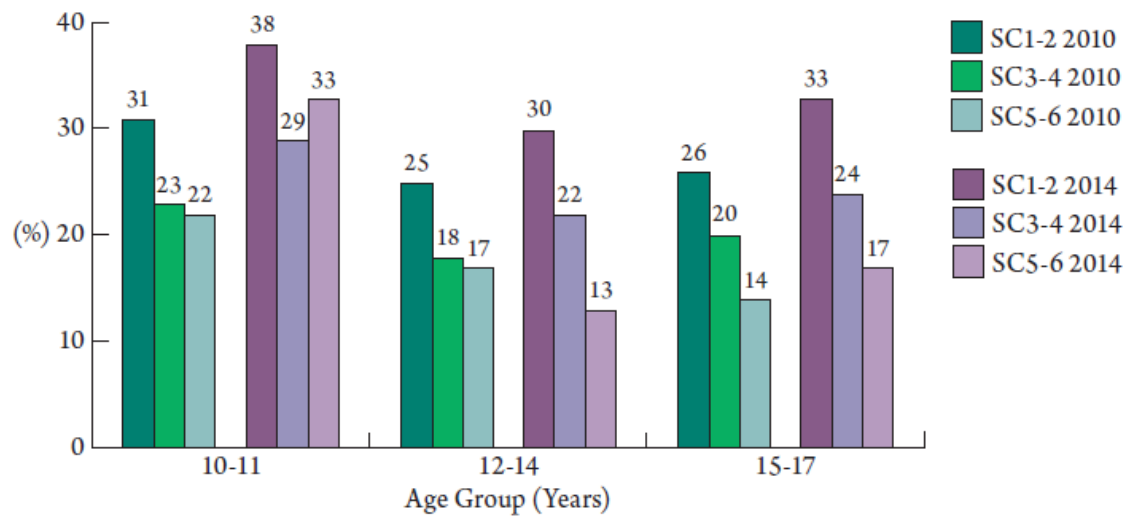


Figure 31: Percentages of girls who report eating fruit more than once a day



Soft drink consumption



Figure 36: Percentages of boys who report drinking soft drinks daily or more

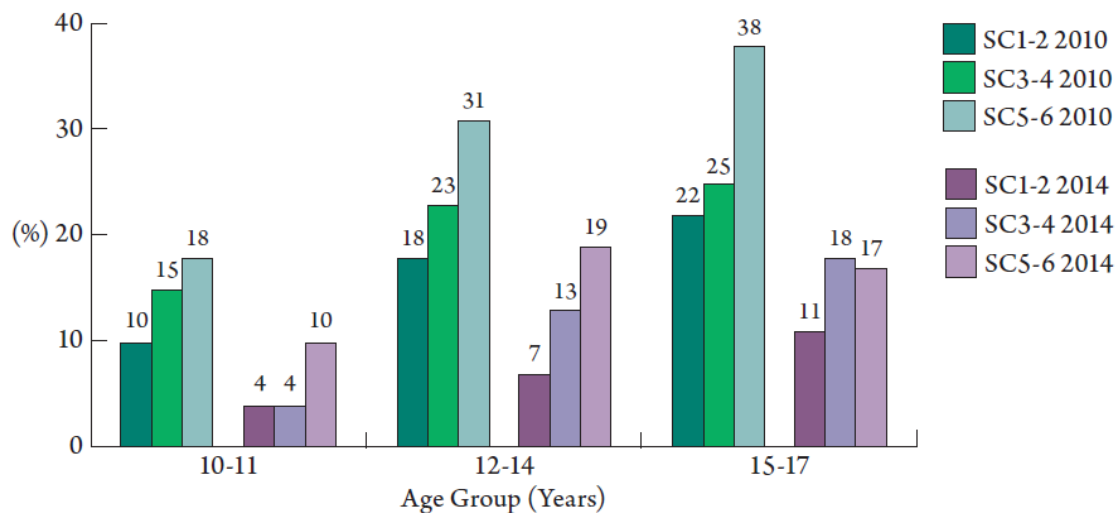
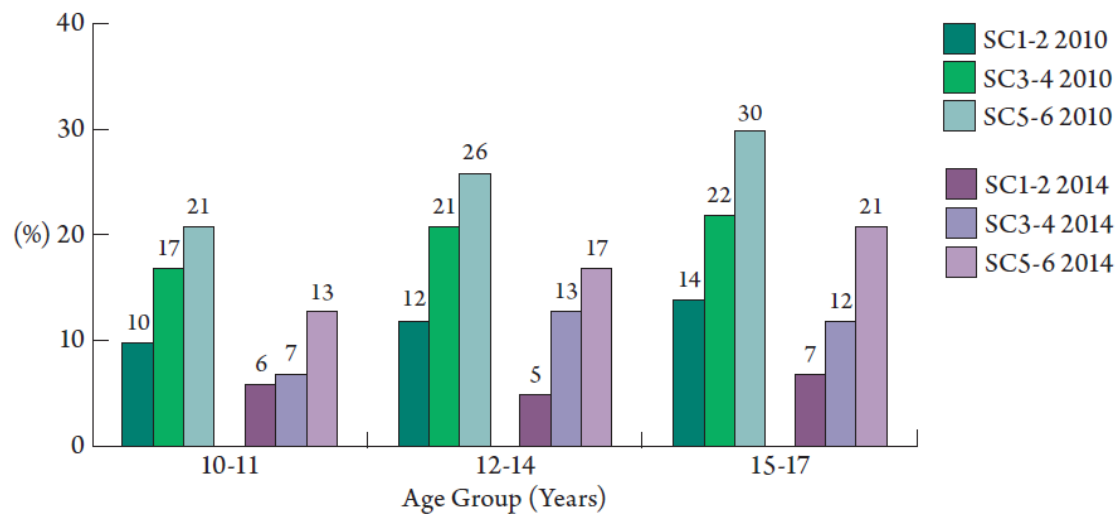
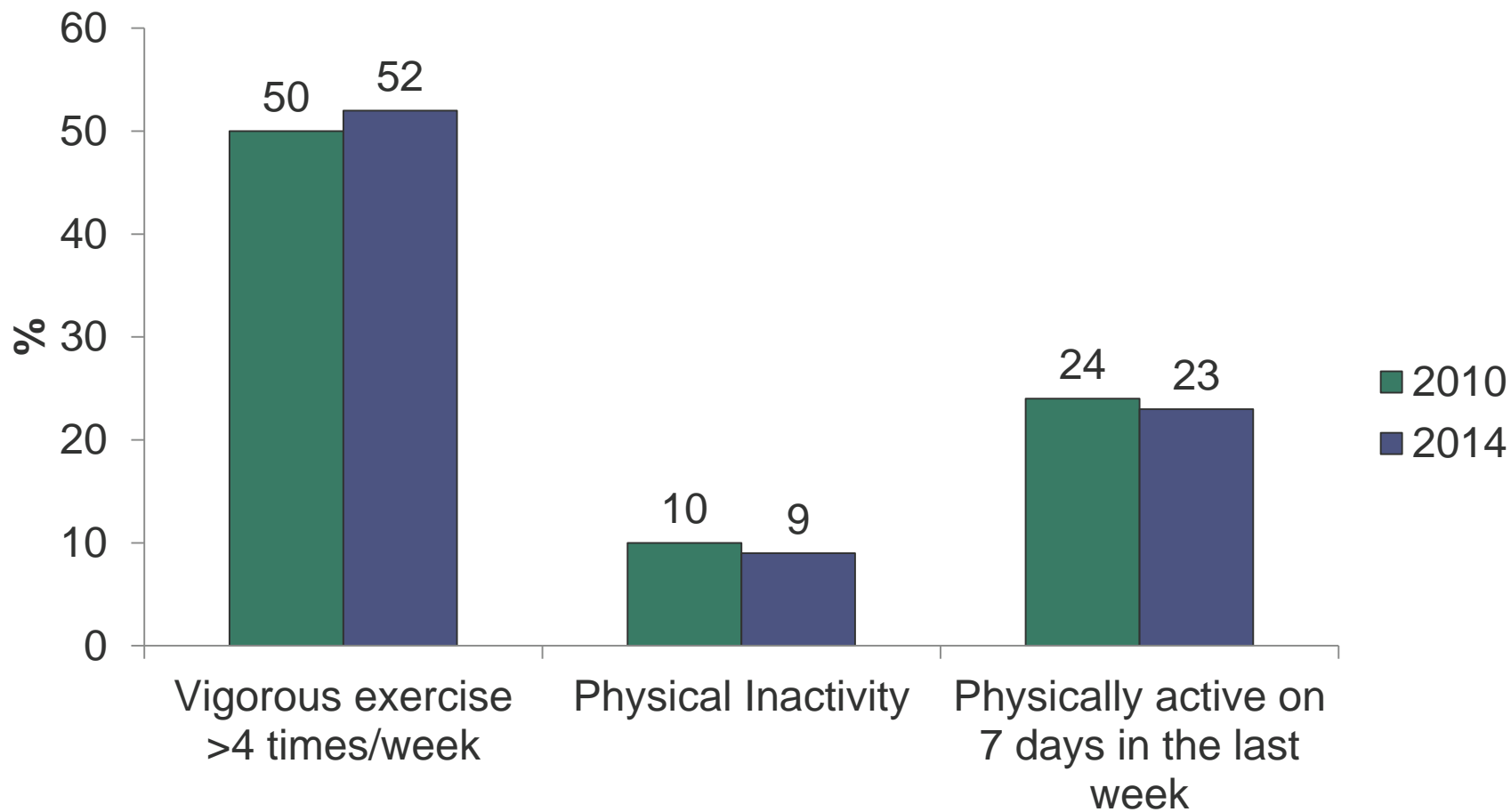


Figure 37: Percentages of girls who report drinking soft drinks daily or more



Exercise and Physical Activity



Physically active on 7 days of the last week

Figure 49: Percentages of boys who report being physically active on 7 days in the last week

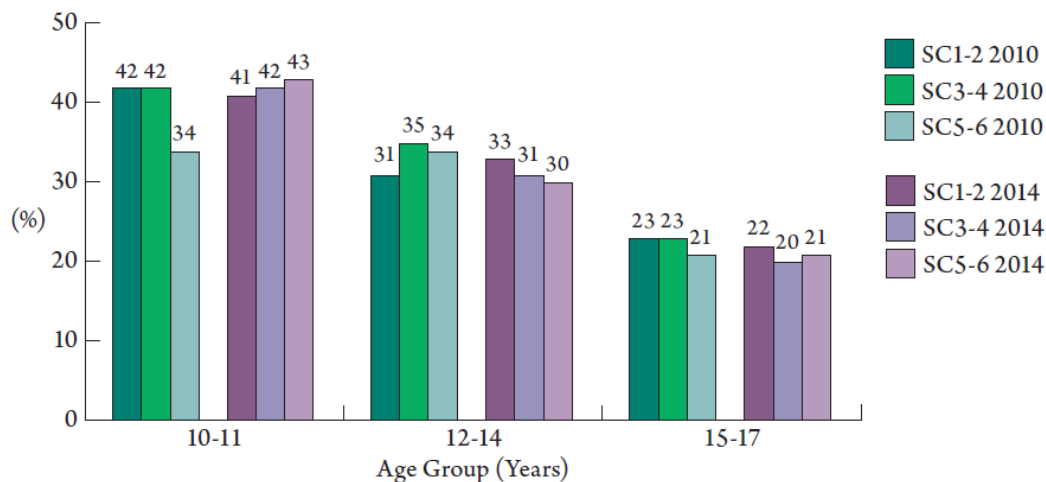
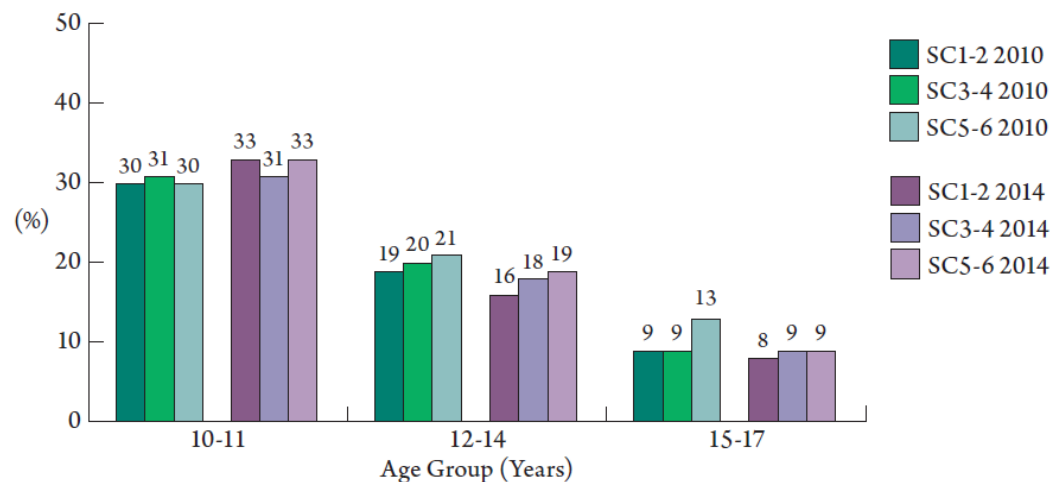
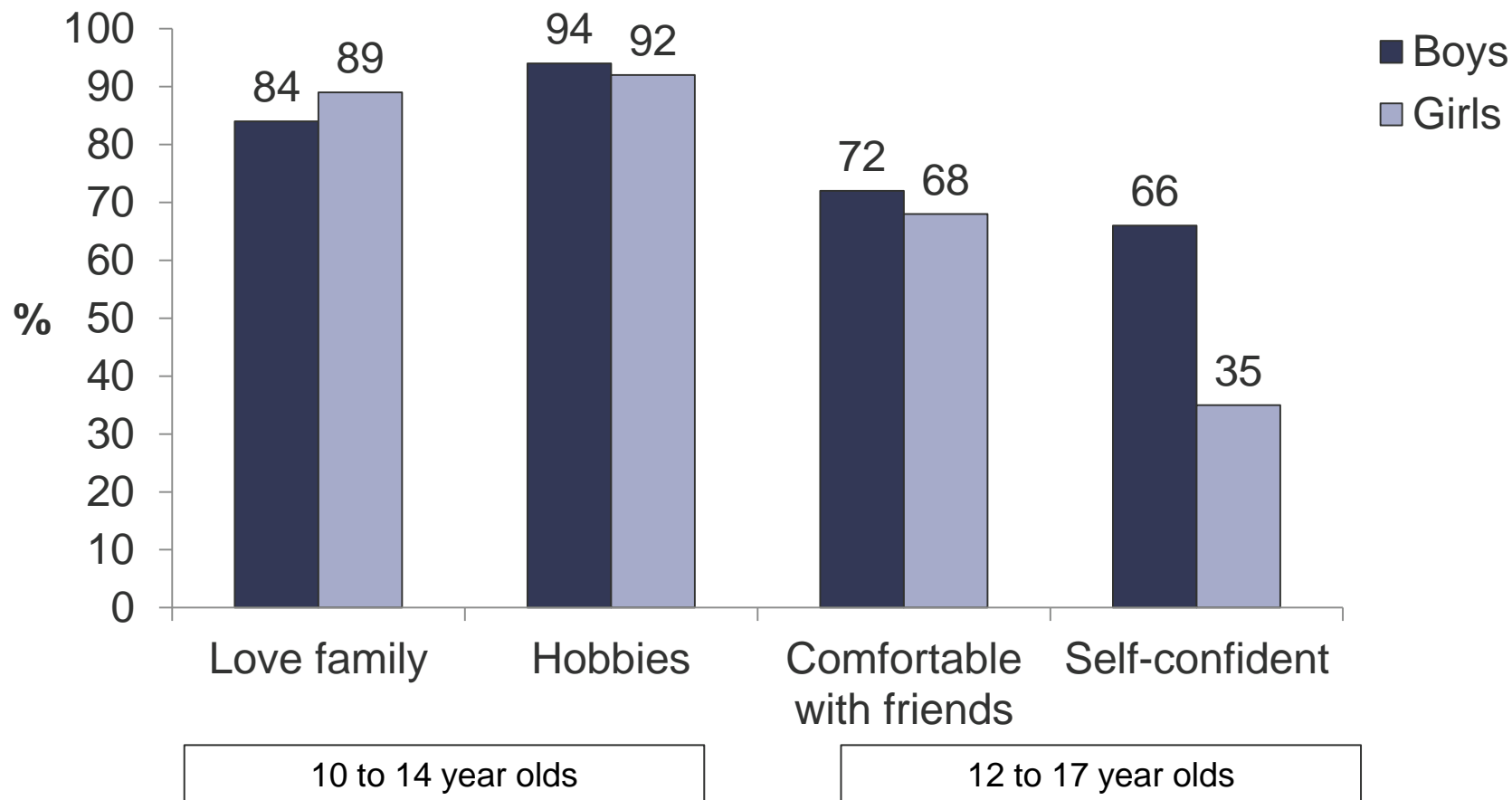


Figure 50: Percentages of girls who report being physically active on 7 days in the last week



Child developed questions



Summary from 2014 HBSC national report (available at: www.nuigalway.ie/hbsc/)



Good news

Increase Never drinking; fruit and vegetable consumption

Decrease Ever smoked; current smoking; drunkenness; sweets and soft drink consumption; physical fight; bullying others

Not-so-good news

Increase Ever injured

No change Skipping breakfast; going to school or to bed hungry; physical activity

Project team



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Acknowledgements



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International Co-ordinator: Professor C. Currie, University of St. Andrews, Scotland.

International Databank Manager: Professor O. Samdal, University of Bergen, Norway.

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Thank you



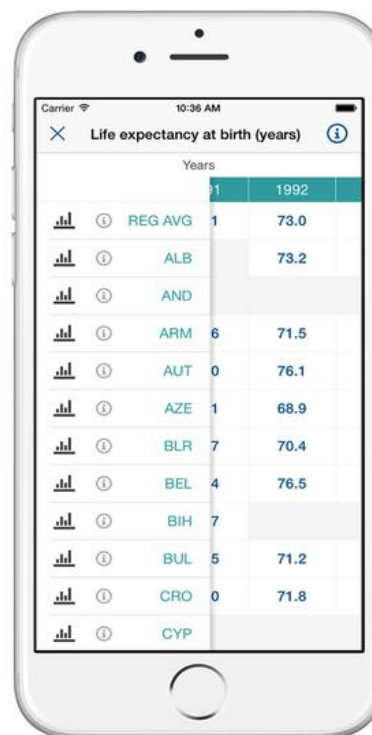
New app on HBSC data
(available at: <http://www.euro.who.int/en/>)

Contact HBSC Ireland
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HBSC Ireland Website
www.nuigalway.ie/hbsc

HBSC International
Website
www.hbsc.org

HBSC data in the European Health Statistics App



The findings of the new international HBSC report are available as a smartphone application.

The app provides easy access to the data underlying two reports on health and well-being in the European Region. It is searchable by country and a wide range of health topics, and connects to the WHO data gateway.

