

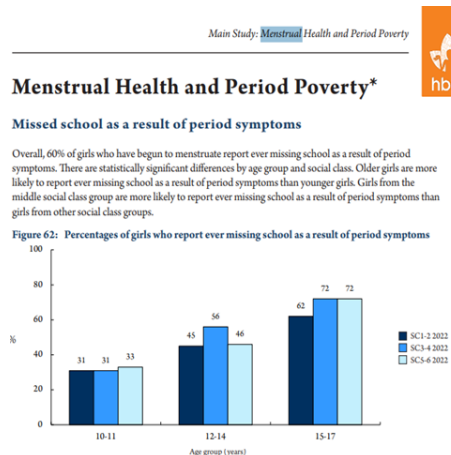
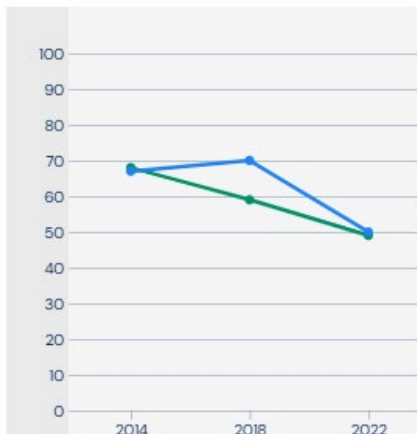


RCSI
UNIVERSITY
OF MEDICINE
AND HEALTH
SCIENCES

26 JUNE 2025

Workshop: Sexual Health Treatment and Prevention: A Doctor's Toolkit

Dr Ronan Daly
Rotunda Hospital
RCSI Department of Obstetrics and
Gynaecology



While the majority of the surveyed cohort (92%) agree that **“Even if you have given consent, you can change your mind at any time”**.

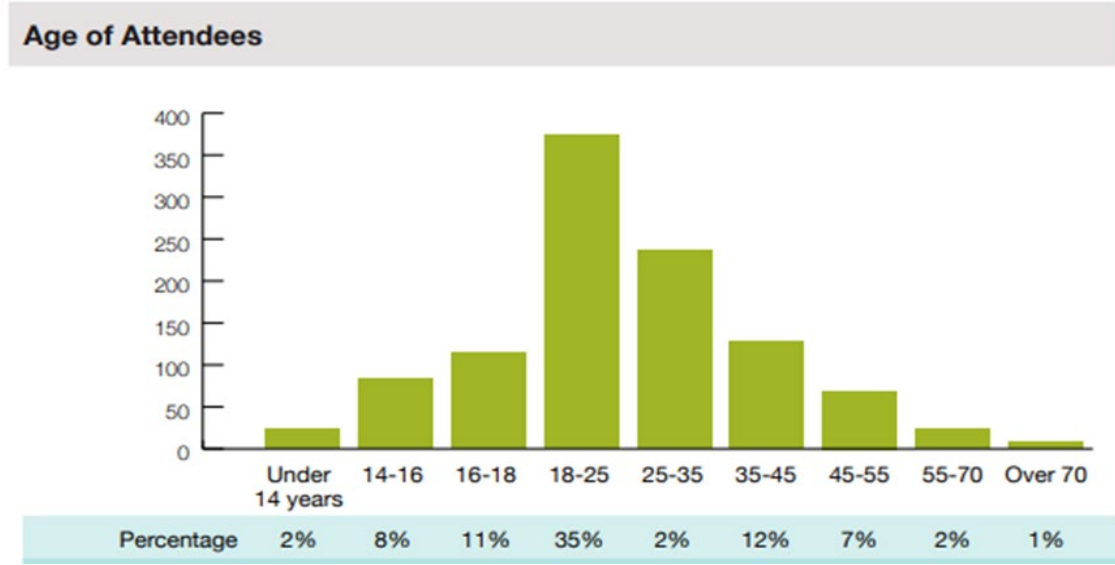
A significant minority of younger men (29%) aged 18-24 believe that **“Once you have consented, you can’t really change your mind”**.

Logos: We-Consent

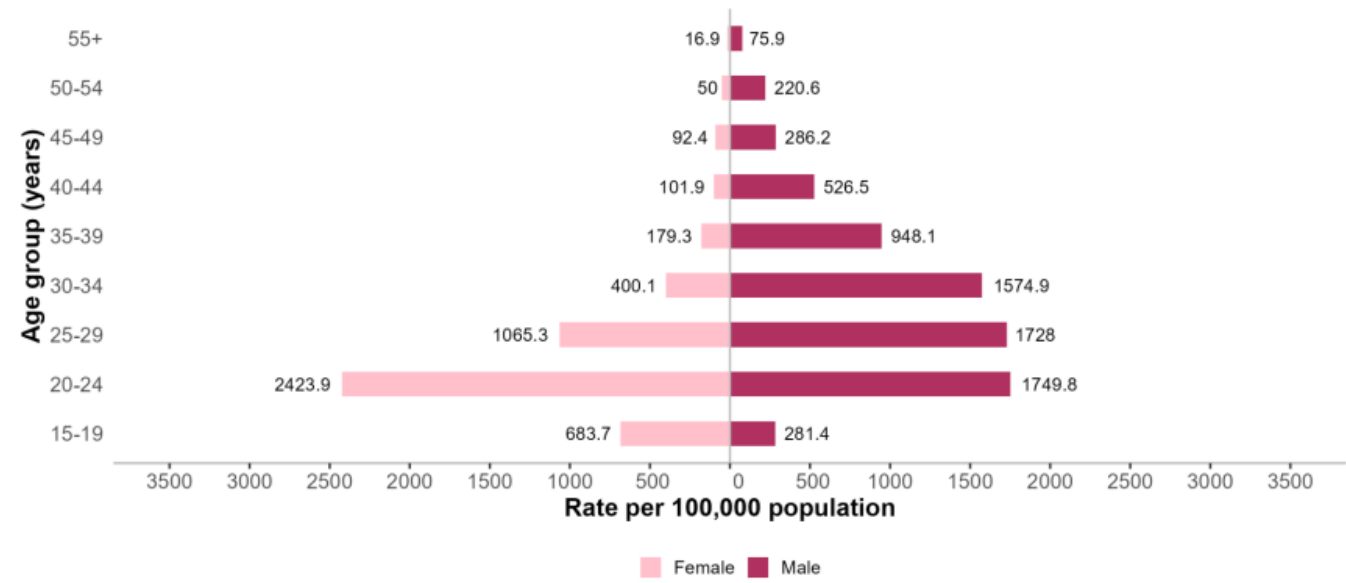
Current issues in Sexual Health

Key issues involving sexual health:

- Sexually transmitted infections
- Contraception
- Period health
- Consent



Sexual Assault Treatment Unit attendances by age, SATU Annual Report 2023



Cases by age and gender for all notified STIs, HPSC, 2024

The Pat Kenny Show

'At least' a 100% increase in teenagers diagnosed with STIs

There has been "at least" a 100% increase in teenagers getting diagnosed with STIs this

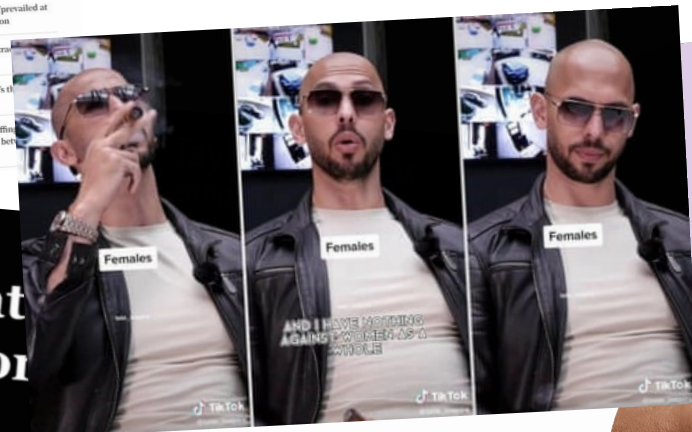
Health
STIs on the rise: 'It's seen as something shameful or dirty, or they're embarrassed to be going to a clinic'
Official statistics show the number of cases involving the most common infections started to reduce last year



For guys who claim that a condom is too small for them

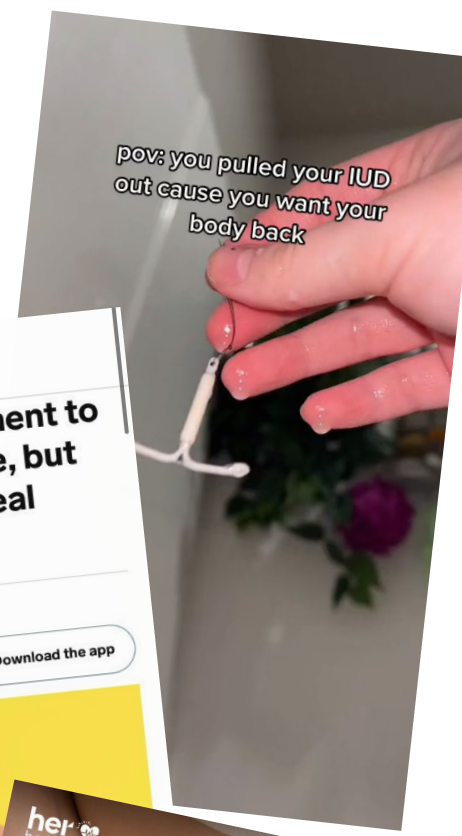


Online misinformation



16th January 2023
Taking Contraceptive Advice From Social Media Influencers Could Lead to Unplanned Pregnancies

INSIDER
Goop has a new supplement to boost women's sex drive, but experts are asking for real evidence it works
Olivia Naftulin Oct 11, 2021, 8:21 AM ET
Download the app



Discussion

Small group discussion

- 10 minutes
- Each group to present 1 -2 barriers



*What barriers are
there to accessing
sexual health
services?*

Free Contraception Scheme

On 14 September 2022, the Free Contraception Scheme was launched. Since 2024, the Free Contraception Scheme has expanded to cover 17-35 year olds.

The scheme covers:

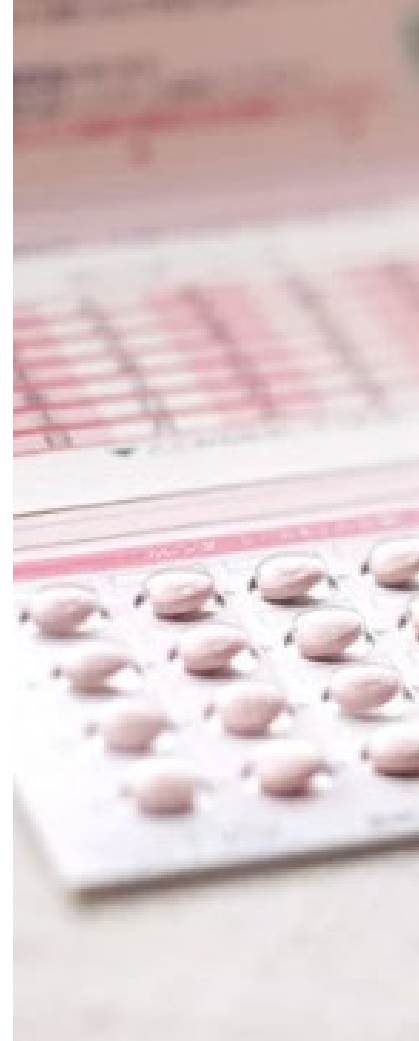
- cost of consultations with GPs, family planning, student health and primary care centres
- prescriptions for the wide range of contraceptive options available on the HSE Re-Imbursement List, including long acting reversible contraception (LARCs) and Short-acting methods of contraception
- LARC fittings, removals and checks
- emergency contraception

Free Contraception Scheme

Data from January to September 2024 shows that approximately 245,000 people have accessed the scheme at least once.

This compares to just under 189,000 women who accessed the scheme in 2023, when it was available to women aged 17 – 30.

Dr. Ronan Daly
Department of Obstetrics and Gynaecology, RCSI

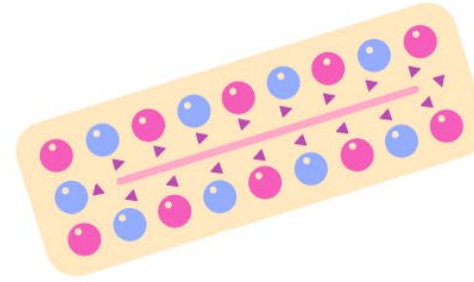




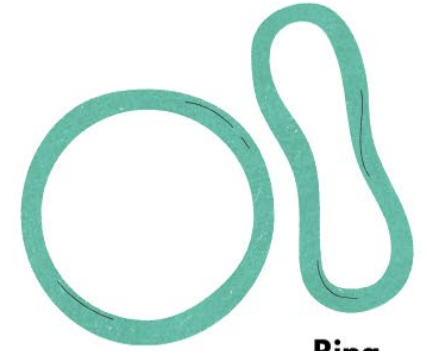
Female Condom



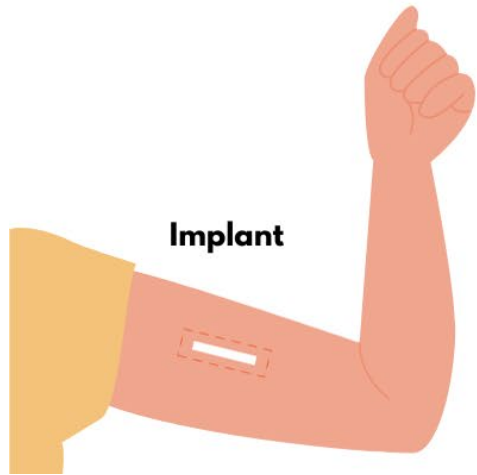
Male Condom



Contraceptive Pills



Ring



Implant



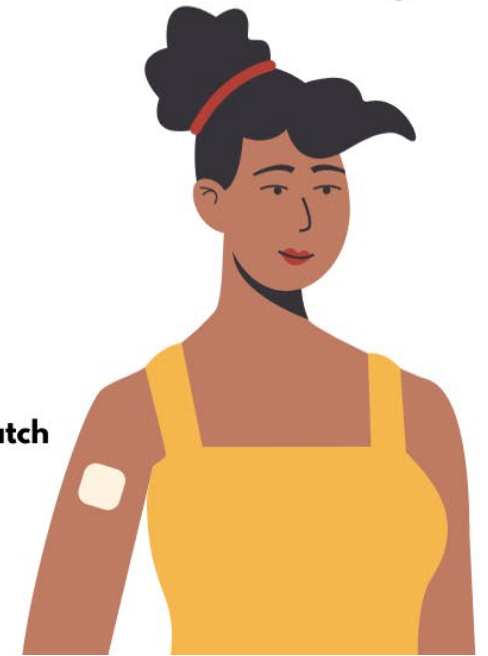
**The hormonal
Coil**



Copper coil



Injection

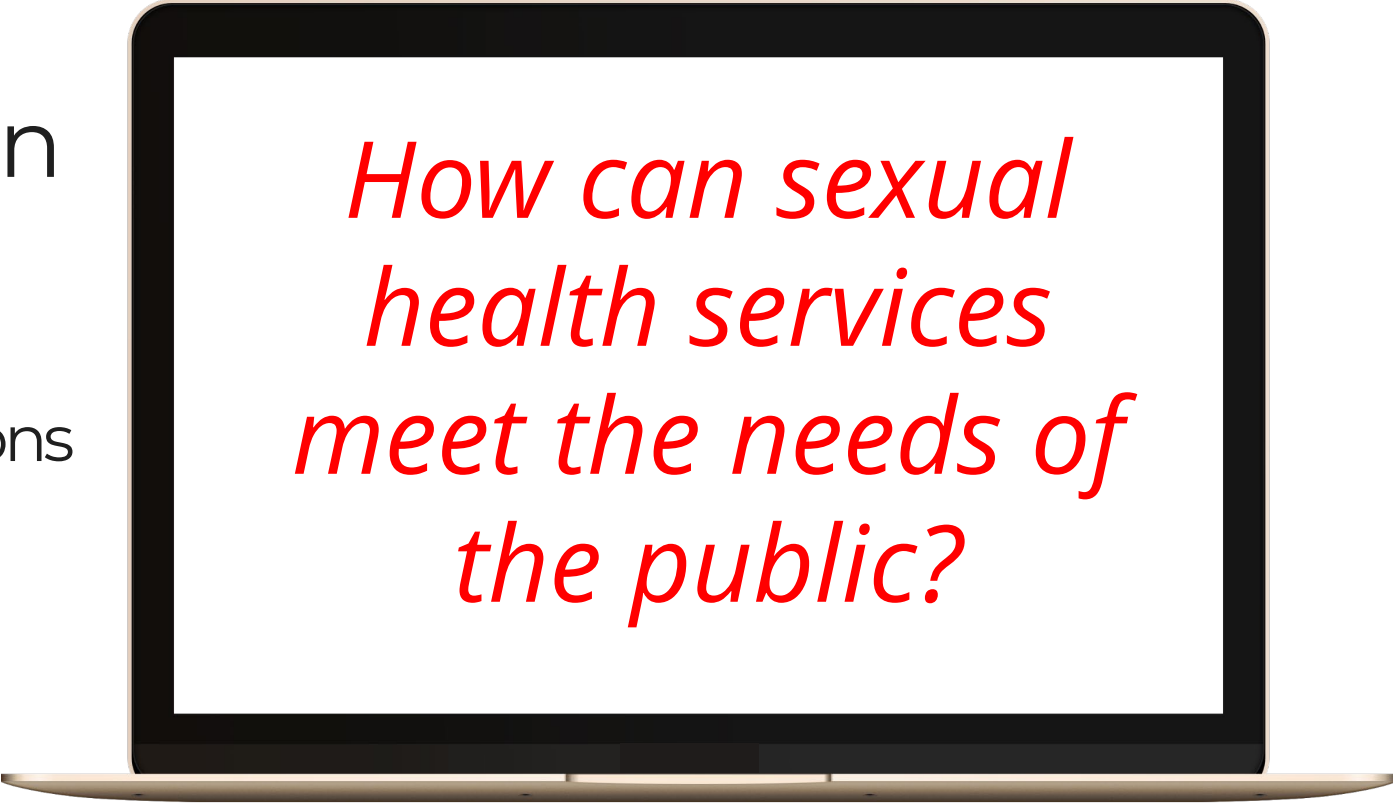


Patch

Discussion

Small group discussion

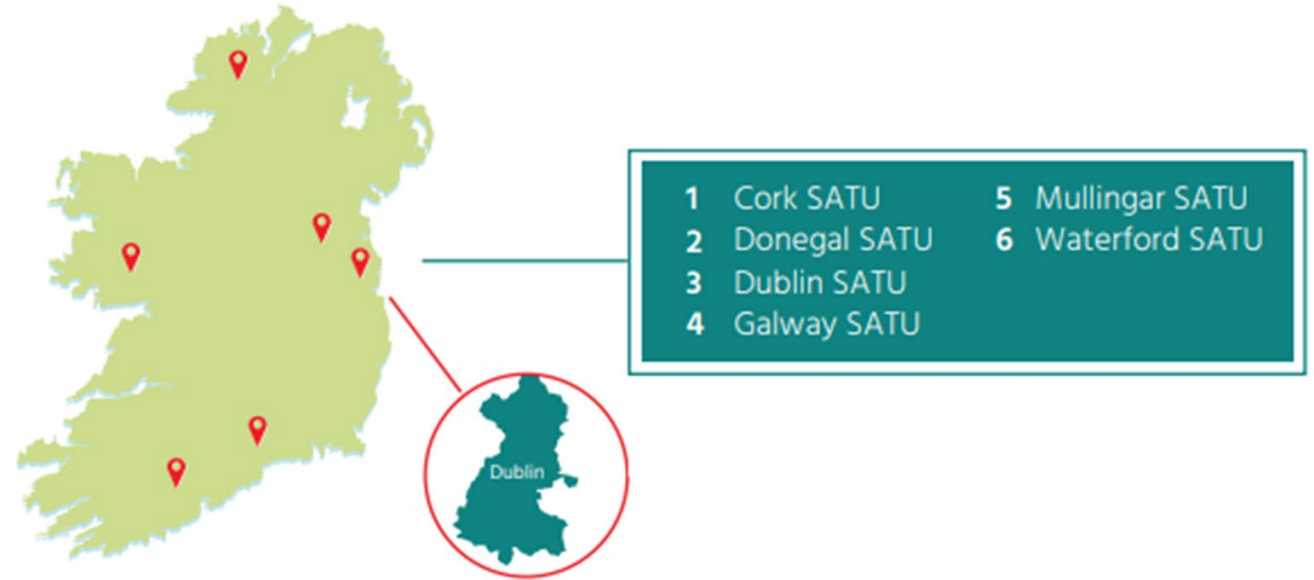
- 10 minutes
- Each group present 1-2 suggestions for what services are needed



*How can sexual
health services
meet the needs of
the public?*

Sexual Assault Treatment Units

24 % of attenders to the SATU are <18 years old
1:2 Worldwide lifetime risk of sexual assault
1:20 of UK women have experienced rape (estimated)
91% of reports to SATU are women and 8% are men
Occurs in all cultures and countries



National Guidelines on Referral and Forensic Clinical Examination Following Rape and Sexual Assault (Ireland).



Sexual health 24 hours a day

Discreet, confidential STI tests

[Order free now](#)



Free home testing is available in every county across Ireland. Testing kits may include:

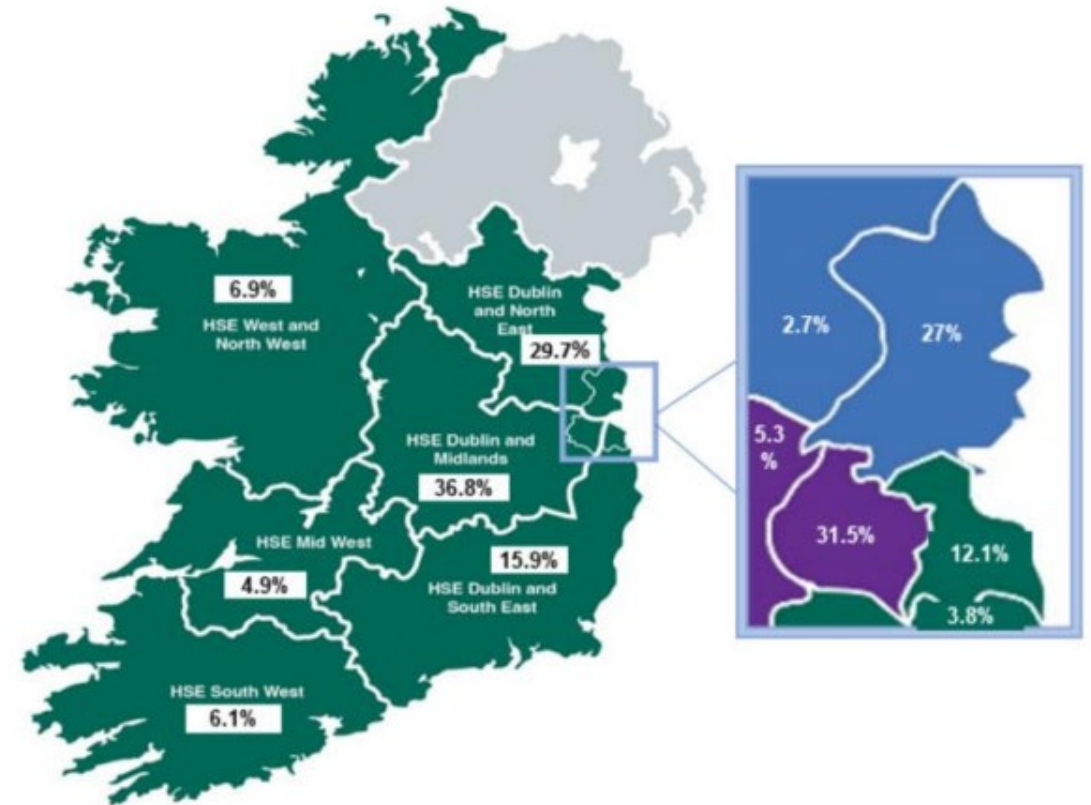
- urine sample
- oral swab sample
- rectal swab sample
- vaginal swab sample
- blood sample

HIV Prophylaxis Provision

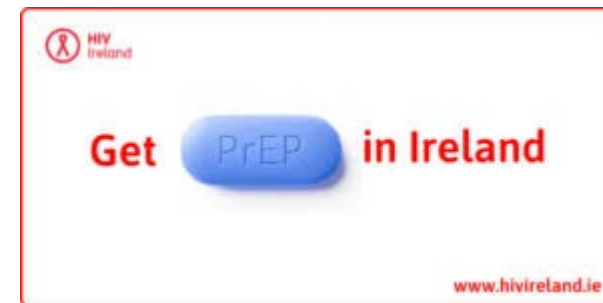
Ireland's HIV pre-exposure prophylaxis (PrEP) programme began in November 2019

In 2023, 5,279 individuals received PrEP medication at least once. 6,464 new users have accessed PrEP through the HSE since 2019.

For each first time HIV diagnosis in Ireland in 2023, there were 73 PrEP users.



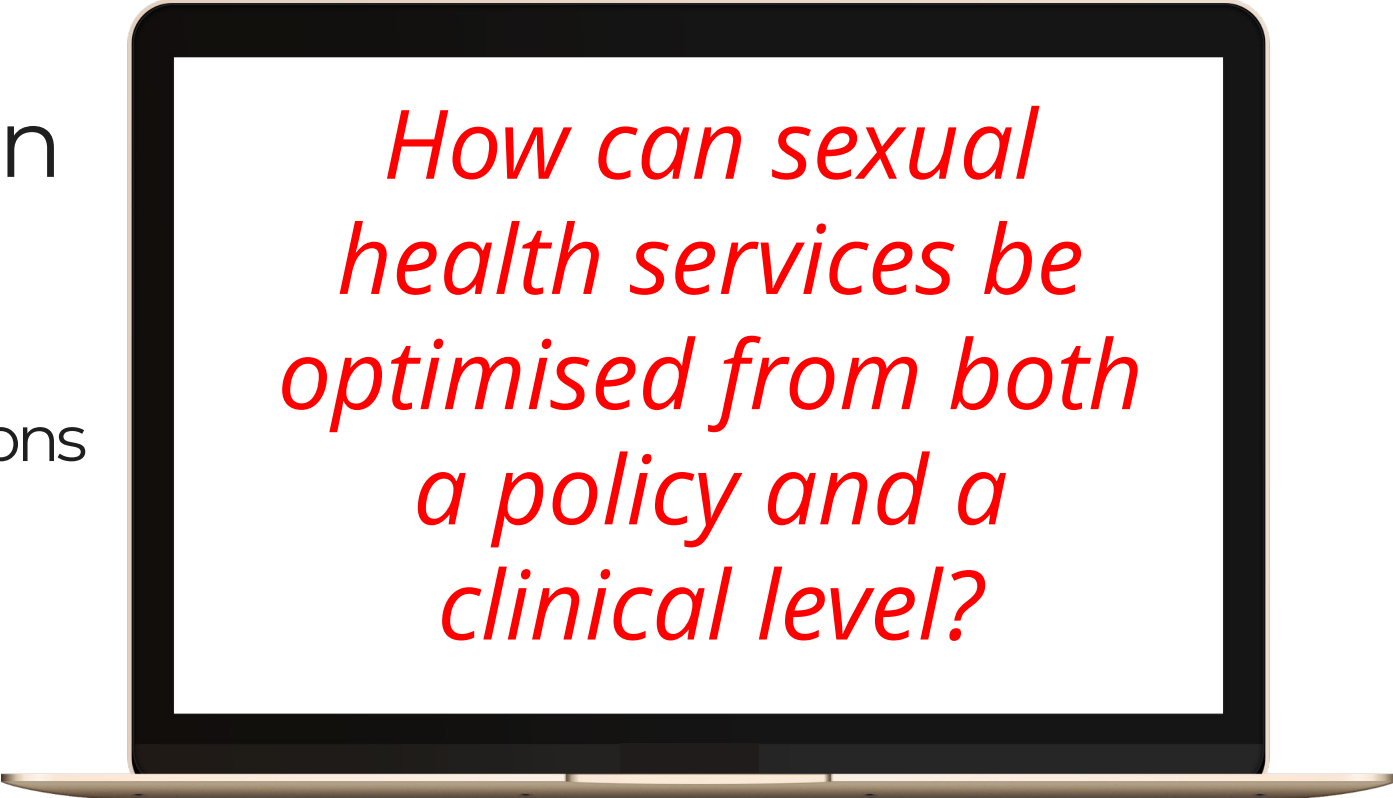
Current PrEP users by geographical location



Discussion

Small group discussion

- 5 minutes
- Each group present 1 -2 suggestions for what services are needed

A laptop screen with a black bezel and a gold-colored base. The screen displays the text 'How can sexual health services be optimised from both a policy and a clinical level?' in a red, italicized serif font.

*How can sexual
health services be
optimised from both
a policy and a
clinical level?*



RCSI

ROYAL
COLLEGE OF
SURGEONS
IN IRELAND

26 JUNE 2025

Thank you

Dr Ronan Daly

Rotunda Hospital, RCSI

CONSILIO

1784

MANUQUE